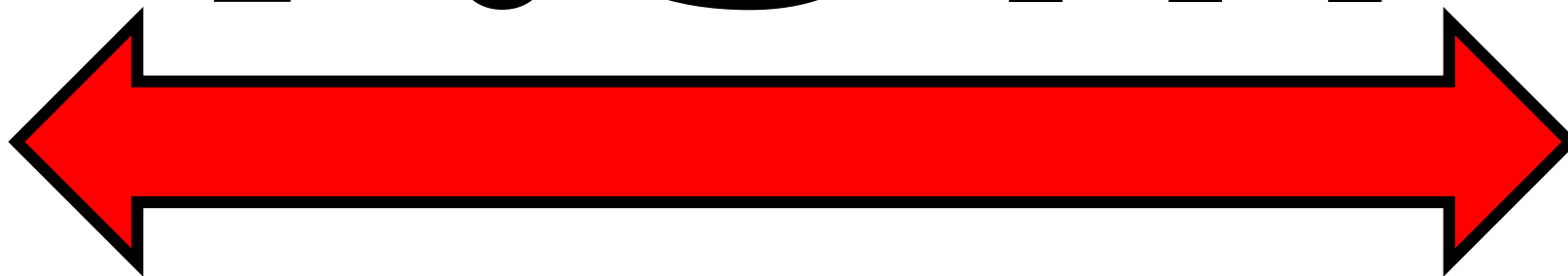
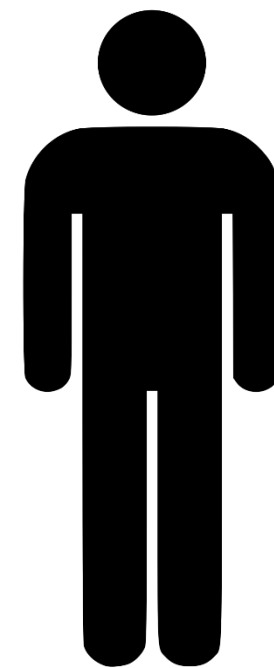


1.5 m



AT ALL TIMES



**DON'T ATTEND  
TRAINING IF YOU  
FLU-LIKE SYMPTOMS,  
HAVE HAD CONTACT  
WITH A KNOWN CASE  
OR ARE HIGH RISK**



**SHOWER  
BEFORE AND  
AFTER  
TRAINING**



# Social distancing measures in place



KEEP YOUR  
DISTANCE



**NO SOCIAL  
GATHERING**



NO  
SPITTING



**STRICTLY**

**NO**

**SHARING**





DO NOT  
TOUCH YOUR  
FACE



WASH

YOUR

HANDS



**BRING YOUR  
OWN WATER  
BOTTLE**



# PRACTICE

# HYGIENE



STRICTLY  
ONE AT A  
TIME



**STRICTLY**

**NO ACCESS**



COMMITTEE

ACCESS

ONLY



# SANITISING STATION

